

ALL ABOARD THE ARK

Week of January 29, 2018

Check out our Website: www.larchesudbury.org

THIS WEEK AT L'ARCHE SUDBURY

Weekend of February 10 & 11:

Teresa on call

Monday February 12:

CPI training

Tuesday February 13:

Pancake Tuesday, we will be joining the Church of the Ascension

Wednesday February 14:

Ash Wednesday

♥ HAPPY
Valentine's
DAY ♥

Weekend of February 17 & 18:

Jen on call

Bethany:

The co-op students at Bethany enjoyed leading the house in a painting session. It looks like everyone had fun.



This past week, Kitty helped us to cook of one her favorite meal "Pasta". She was really happy to cook and help us that night. Everybody in the house enjoyed her meal.

This end of January, Bethany house enjoyed their dancing and singing after their meal. They all had fun and they are so happy that they had a good evening with Suzanne.



This past Friday, Suzanne cooked for Bethany house her vegan tacos, everybody liked her meal. It was a wonderful night in Bethany and they feel blessed.

Galilee:

We said "Good Bye" to Tanisha this month. We had a nice send off breakfast and sent her off with a community photo.

We have welcomed Claire this last week. She is joining us from the states and we are looking forward to getting to know her this next year.



Ken and Tim enjoyed going bowling with Bethany and SIL on the weekend. Alain, Paulette and Carole did some shopping and went for lunch at Swish Chalet. Jeff enjoyed spending the weekend at his parent's.

SIL:

Lynn and Katie are still loving their apartment. They are learning to take care of it and to do their own shopping and banking.

Katie has been to a few Wolves games lately and is really enjoying them.

Lynn spend the weekend with her step dad Emile last weekend as Emile's dad passed away. Please keep them in your thoughts and prayers.

Katie went bowling this weekend with Bethany. They had a blast.

Seniors:

We are in the process of purging and organizing things at Cana to get ready for the big Sage & Time project that will be starting in March.

We spend a week sorting just the craft supplies we have on hand. Man, it's easy to get distracted by the cool things we find in the bins and boxes.

We have been going to see Rob as much as possible. We brought him coffee and a

double chocolate donut on his birthday earlier this month.

We continue to do groceries weekly for our lunches on Mondays and go to Parkside on Fridays.

CPP:

CPP will be hosting a Spring Heartfulness Series beginning April 11th. It will be facilitated by Gary and Sheila from Mindfulness on the Rocks and Meghan Juuti from the Lovely Human School. Mindfulness and Yoga will be taught. To find out more about the program and registration please contact Darrell.

Folks from CPP worked together with Seniors on a recent art piece for L'Arche Canada. The end result was beautiful!





PLEASE PRAY FOR ...

**** For all those grieving for**

**** For all those who are Sick**

**** for Carole during this time of illness.**

**** For those who have asked for our prayers*****

***** For all our Blessings *****

***** We pray in Gratitude *****

Welcome All News Items, Pictures or Articles Written by Community Members, Especially Core Members.

Victoria Melcher
v.melcher@hotmail.com
Editor in Chief
All Aboard the Ark

REPORTERS: Bethany – Cedrick, Galilee – Victoria, Community Participation Program– Darrell, SIL/Seniors: Amanda
Please contact me if you want to be removed from the list



1173 Rideau Street
Sudbury, ON P3A 3A5
Office – (705) 525-1015
Fax – (705) 525-4448
E-mail – larchesudbury@larchesudbury.org
Website -<http://www.larchesudbury.org>